

ESTD. : 1968



(Reaccredited by NAAC with – 'B' Grade with a CGPA of 2.43)

Post – Egra ; Dist – Purba Medinipur (West Bengal) ; Pin – 721429.

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Memo / Notice No. : 559/26

Date : 15/06/26

Notice

This is to inform all students, teaching faculty, and non-teaching staff members that our college will be observing the **International Day of Yoga on June 21, 2026**.

Yoga is an ancient practice that nurtures both mental clarity and physical strength—essential tools for managing the daily stresses of academic and professional life. To encourage health, mindfulness, and a balanced lifestyle within our campus community, a special yoga session has been organized.

Event Details:

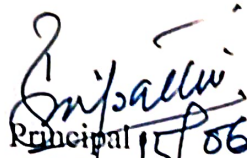
- **Date:** June 21, 2026 (Sunday)
- **Time:** 7:00 AM onwards
- **Venue:** College Indoor Stadium

The participation of all NCC and NSS Volunteers are compulsory and other students, faculty members, staff are highly encouraged to make this health and wellness initiative a grand success.

Let us come together to breathe, stretch, and find our collective focus.

Copy to :

1. Notice Board
2. Notice Book
3. Secretary TC
4. Co-ordinator IQAC
5. Head Clerk (Acting)
6. website


Principal 15/06/2026
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