

# Egra S.S.B. College

## Department of Philosophy

Session-2023-24

Syllabus Distribution of 1<sup>st</sup> Semester Honours & General (Major, SEC, Minor, MDC) of NEP-2020 for the Session-2023-24

### 1<sup>ST</sup> SEMESTER HONOURS

Paper	Teacher	Detailed Syllabus
<b>MJ-1T: Indian Philosophy-1</b>	RS	<b>A.</b> Introduction: The basic Philosophy of Vedas and the Upaniṣads, Āstika and Nāstika Schools. <b>B.</b> Cārvāka System - Epistemology, Metaphysics, Ethics.
	PC	<b>C.</b> Jaina System - Basic concepts of Jaina Philosophy, Anekāntavāda, Syādvāda and Saptabhaṅginaya.
	LM	<b>D.</b> Bauddha System: Four Noble Truths, Theory of Dependent Origination (Pratītyasamutpāda vāda), Definition of Reality (Arthakriyākāritva), Doctrine of Momentariness, (Kṣanabhaṅgavāda), Theory of no-soul (Nairātmyavāda), Four Schools of Buddhism (Basic tenets).
	MD	<b>E.</b> Nyāya System: Pramā and Aprama, Different kinds of Pramāṇa, Pratyakṣa (Definition), Sannikarṣa, Classification of Pratyakṣa : Nirvikalpaka, Savikalpaka, Laukika, Alaukika
	JR	<b>F.</b> Anumāna (Definition), vyāpti, parāmarśa, Classification of Anumāna: pūrvavat, śesavat, smānyatodṛṣta,
	MRP	<b>F.</b> kevalānvayī, kevalavyātirekī, anvayavyātirekī, svārthānumāna, parārthānumāna, Upamāna (definition), Śabda (definition).
	TS	<b>G.</b> Vaiśeṣika System: Seven Padārthas, dravya, guṇa, karma, sāmānya, viśeṣa, samavāya, abhāva, Atomism.
<b>SEC 1: Yoga for Stress Management</b>	RS	a) Introduction to Yoga for stress management b) Stress according to Western Perspectives c) Stress Hazards and Yoga d) Meeting of the Challenges of Stress
	JR	e) Role of Yoga in prevention and management of stress related disorders- a summary of research evidence f) Meditation: 'OM' meditation and pranayama g) Integrate Yoga Module 1

<b>MI – 1T: Ethics: Indian and Western</b>	<b>TS</b>	<p><b>Indian:</b></p> <ol style="list-style-type: none"> <li>a. Four Purusarthās – dharma, artha, kāma and mokṣa and their interrelation. Karma (Sakāma &amp; Niṣkāma).</li> <li>b. Concept of Dharma, Svadharma, Visesa dharma, Varnadharmā, Asrama dharmā, Ṛna, Ṛta,</li> <li>c. Cārvāka Ethics.</li> <li>d. Buddhist Ethics: The Four Noble Truths and the Eight-Fold Path.</li> </ol>
	<b>RS</b>	<p><b>Western:</b></p> <ol style="list-style-type: none"> <li>e. Definition, Scope and Types of Ethics, Ethics and Morality, Moral and Non-Moral Actions, Object of Moral Judgment.</li> <li>f. Teleological Ethics: Utilitarianism (Bentham and Mill). Deontological Ethics: Kant’s Moral Theory, Virtue ethics</li> <li>g. Theories of Punishment, Capital Punishment.</li> </ol>
<b>MDC-01T: Social Value and Ethics</b>	<b>JR</b>	<p><i>Unit-I: Philosophy of Life and Individual Qualities</i></p> <p>Human Life on Earth - Purpose of Life, Meaning and Philosophy of Life. The Law of Nature – Protecting Nature /Universe. Basic Culture - Thought Analysis - Regulating desire - Guarding against anger - To get rid of Anxiety – The Rewards of Blessing - Benevolence of Friendship - Love and Charity - Self – tranquility/Peace.</p>
	<b>MD</b>	<p><i>Unit-II: Social Values (Individual and Social Welfare)</i></p> <p>Family - Peace in Family, Society, The Law of Life Brotherhood - The Pride of Womanhood – Five responsibilities/duties of Man : - a) to himself, b) to his family, c) to his environment, d) to his society, e) to the Universe in his lives, Thriftiness (Thrift)/Economics. Health - Education - Governance - People’s Responsibility / duties of the community, World peace.</p>
	<b>TS</b>	<p><i>Unit-III: Mind Culture &amp; Tending Personal Health</i></p> <p>Mind Culture - Life and Mind - Bio - magnetism, Universal Magnetism (God –Realization and Self Realization) - Genetic Centre – Thought Action – Short term Memory – Expansiveness – Thought – Waves, Channelizing the Mind, Stages - Meditation, Spiritual Value. Structure of the body - the three forces of the body- life body relation, natural causes and unnatural causes for diseases, Methods in Curing diseases.</p>

## 1<sup>ST</sup> SEMESTER GENERAL

<b>Major A1/B1T: Ethics and Morality: Indian and Western Approach</b>	LM	<p><i>Indian:</i></p> <p>a) Four Purusarthās – dharma, artha, kāma and mokṣa and their interrelation. Karma (Sakāma &amp; Niṣkāma). b) Concept of Dharma, Ṛna, Ṛta c) Cārvāka Ethics. d) Buddhist Ethics: The Four Noble Truths and the Eight-Fold Path.</p>
	TS	<p><i>Western:</i></p> <p>a) Moral and Non-Moral Actions, Object of Moral Judgment. b) Teleological Ethics: Utilitarianism (Bentham and Mill). Deontological Ethics: Kant’s Moral Theory, Virtue ethics. c. Theories of Punishment.</p>
<b>SEC 1: Yoga for Stress Management</b>	RS	<p>a) Introduction to Yoga for stress management b) Stress according to Western Perspectives c) Stress Hazards and Yoga d) Meeting of the Challenges of Stress</p>
	MD	<p>e) Role of Yoga in prevention and management of stress related disorders- a summary of research evidence f) Meditation: ‘OM’ meditation and pranayama g) Integrate Yoga Module 1</p>
<b>MI – 1T: Ethics: Indian and Western Indian:</b>	TS	<p><b>Indian</b></p> <p>a. Four Purusarthās – dharma, artha, kāma and mokṣa and their interrelation. Karma (Sakāma &amp; Niṣkāma). b. Concept of Dharma, Svadharma, Visesa dharma, Varnadharma, Asrama dharma, Ṛna, Ṛta, c. Cārvāka Ethics. d. Buddhist Ethics: The Four Noble Truths and the Eight-Fold Path.</p> <p><b>Western:</b></p> <p>e. Definition, Scope and Types of Ethics, Ethics and Morality, Moral and Non-Moral Actions, Object of Moral Judgment. f. Teleological Ethics: Utilitarianism (Bentham and Mill). Deontological Ethics: Kant’s Moral Theory, Virtue ethics g. Theories of Punishment, Capital Punishment.</p>

<b>MDC-01T: Social Value and Ethics</b>	<b>JR</b>	<i>Unit-I: Philosophy of Life and Individual Qualities</i> Human Life on Earth - Purpose of Life, Meaning and Philosophy of Life. The Law of Nature – Protecting Nature /Universe. Basic Culture - Thought Analysis - Regulating desire - Guarding against anger - To get rid of Anxiety – The Rewards of Blessing - Benevolence of Friendship - Love and Charity - Self – tranquility/Peace.
	<b>MD</b>	<i>Unit-II: Social Values (Individual and Social Welfare)</i> Family - Peace in Family, Society, The Law of Life Brotherhood - The Pride of Womanhood – Five responsibilities/duties of Man : - a) to himself, b) to his family, c) to his environment, d) to his society, e) to the Universe in his lives, Thriftiness (Thrift)/Economics. Health - Education - Governance - People’s Responsibility / duties of the community, World peace.  <i>Unit-III: Mind Culture &amp; Tending Personal Health</i> Mind Culture - Life and Mind - Bio - magnetism, Universal Magnetism (God –Realization and Self Realization) - Genetic Centre – Thought Action – Short term Memory – Expansiveness – Thought – Waves, Channelizing the Mind, Stages - Meditation, Spiritual Value. Structure of the body - the three forces of the body- life body relation, natural causes and unnatural causes for diseases, Methods in Curing diseases.