

EGRA SARADA SHASHI BHUSAN COLLEGE

ESTD. : 1968

(Reaccredited by NAAC with - 'B' Grade with a CGPA of 2.32)

An ISO Certified College for ISO 9001 : 2015 & ISO 14001 : 2015

Post - Egra : Dist - Purba Medinipur (West Bengal) : Pin - 721429.

President : Mr. Tarun Kumar Maity, M.L.A., W.B.

Principal : Dr. Dipak Kumar Tamili.



☎ : 03220-244073, Website - www.egrassbcollege.ac.in : E-mail - info@egrassbcollege.ac.in

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Yoga training camp cum Workshop

on

“Art of Healthy Living”

11.04.2023 to 13.04.2023

Organized By

Department Of Physical Education

Collaboration With IQAC

Egra S S B College

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☎ – 03220-244073 / 245557 : Fax – 03220245867.



Memo No:

Date: 04/04/2023

Notice

This is to notify all the students of the college in general that a Yoga Training Camp titled as "Art of Healthy Living" will be organized by the Dept. of Physical Education in collaboration with IQAC of the college on and from 11.04.2023 to 13.04.2023. The said camp will be held at and from 7 am to 11 am on each day. The students interested to register their names as participants of the camp are advised to follow the notice of filling up specific Google form as per requisite criteria circulated through college website and whatsapp groups of the depts. of the college.

Certificates for the participants of the camp will be issued only at the completion of the camp.

Principal
Egra S.S.B.College

[Signature]
04.04.2023

Principal
EGRA S. S. B. COLLEGE
P. O : Egra, Purba Medinipur
West Bengal

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List of Participants:

11.04.20
 4th Healthy Living
 yoga training camp - com. Workshop
 organized by - DEPT of Physical Education
 in collaboration with I & A C
 Om term - V (533)

Sl. No	NAMI	Sem	ID. NO - Mob -	Sl. No
1	Suryakanta Barik	4th	7029185106	Suryakanta Barik
2	SANTANU PAHARI	6th	7001260143	Santanu Pahari
3	JAYDEEP GOSWAMI	6th	6231129139	Jaydeep Goswami
4	SUPRIYA MANNA	6th	0735651166	Supriya Manna
5	INDRAJIT GHORAI	4th	8016069964	Indrajit Ghorai
6	MANISHA MAISAL	1st	728472211	Manisha Maisal
7	MANISHASAU	1sem	6207525059	Manisha Sau
8	MANISHA GURI	1sem	8145072659	Manisha Guri
9	Suchitra Bhunia	1sem	7063761771	Suchitra Bhunia
10	Anjana Sachoo	1sem	8617797270	Anjana Sachoo
11	Nishikanta Mandol	1sem	9547081940	Nishikanta Mandol
12	Kaushik BAYEN	1sem	9107960629	Kaushik Bayen
13	Soumya Kamliya	1 sem	9832666725	Soumya Kamliya
14	ANADYAKUMAR DAS	6th	8101685321	Anadya Kumar Das
15	Kalyani Das	1st sem	9339285722	Kalyani Das
16	Manika Dhang	1st sem	9318429119	Manika Dhang
17	Soma Patra	4th sem	9888602368	Soma Patra
18	Saptami Manna	4th sem	8145768565	Saptami Manna
19	Moustermi Roy	4th sem	8658192119	Moustermi Roy
20	Suman Koushar Mishra	4th sem	4977923625	Suman Koushar Mishra
21	NAYAN OJHA	1 sem	9833874419	Nayan Ojha
22	Anjan jana	6th	7384492941	Anjan jana
23	Parvati Manna	1st sem	7810986085	Parvati Manna
24	Shambhu Sheel	1st sem	0339258492	Shambhu Sheel
25	Raj. Mamata Maity		7319415888	Raj. Mamata Maity
26	Prob. Baranji Mandol		8768138898	Prob. Baranji Mandol
27	Namita Ghorai	6th sem	9883416436	Namita Ghorai
28	Fasola khalun	6th sem	88927351330	Fasola khalun
29	Sumpa Maity	6th sem	7865868696	Sumpa Maity
30	Susmita Bhunia	6th sem	6295625600	Susmita Bhunia
31	Mohan Jais	6th sem	6295036030	Mohan Jais
32	Sagarika Pahari	6th sem	0749544444	Sagarika Pahari
33	Enakati Manna	6th sem	0679857328	Enakati Manna
34	Rahul Jais	6th sem	7047351028	Rahul Jais

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Sl. NO	NAME	Scm	W. NO	Father's Name
25	SUMAN SHARMA	6th	5167870226	Shyamapada Saha
36	SNEHASHIS DAS	6th	7029883223	UDHISHTIR DAS
37	Amit, Kumar Bhunia	6th	7865085002	Manas Kumar Bhunia
38	prabir Bose	6th	7384547310	Manojanjan Bose
39	SANDALDIBSUE NOORANI	6th	839800172	Sanjib Bhadra Saha
38	Dipika Panda	6th	8389087390	Deb Kumar Panda
39	Subrata Ghosh	6th	839874526	Bibhuti Ghosh
40	Babbari Jana	6th	9641557232	Tanuj Kumar Jana
41	Anandamaity	1st	8150004366	Shankar Maity
42	Dilpa Jana	1st	7602275118	Bekardhan Jana
43	Sandip Kumar Raul	1st	2942989958	Satyaranjan Raul
44	Suman Bhunia	1st	988391839	Prabhunam Bhunia
45	Asit Ghisi	1st	9509118375	Swarnali Ghisi
46	Sumita Mondal	1st	8013508899	Giridhari Mondal
47	APARNA GHOSH	1st	9907328276	AJOY GHOSH
48	Sathi Mishra	4th	7699295223	Shikha Prasad Mishra
49	Barnali Maity	4th	7047058185	Bhaktipada Maity
50	Rittika Nanna	4th	8597463674	Rabi Shankar Nanna
51	Krishnamoorthy	4th	7865640885	Pratap Chandra Bhunia
52	Saipanna Maity	1th	7682207373	Sambhramath Maity
53	Rakhi Das	4th	9067946553	Batandaj
54	Angshuman Jana	4th	8436987681	Arunkumar Jana
55	Mousumi Das	4th	8872814023	Baneshwar Das
56	Purnima Bayen	4th	9002357068	Jitendra Bayen
67	Avisit Bar	4th	7381597694	Vivekananda Bar
68	Subajit Das	1th	8945895128	Manoj Kumar Das
69	Shovan Jana	1th	9832629649	Chandran Jana
70	Sarojit Mondal	4th	9832911914	Tapan Mondal
71	Asumanangshu Jana	4th	8167200690	Hemanta Jana
72	Rupayan Roy	1th	7501773256	Rupayan Roy
73	Sumit Hazra	4th	9435198739	Joyjit Kumar Hazra
74	Ranita Das	2nd	7670056256	Nanda Becaman Das
75	Sonali Mishra	1st	7063029951	Durgadas Mishra
76	Prakash Das	1st	7504771582	Prakash Das

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12.07.23

Sl. No	NAME	Sem	AT. NO	ST. NO
1	Rahul Jana	6th	7047351922	Rahul Jana
2	Suchitra Bhunia	1st	4063781411	Suchitra Bhunia
3	MANISHA SAU	1st	6097525253	Manisha Sau
4	Kalyani Das	1st	01339275722	Kalyani Das
5	SUPRIYA MANNA	6th	0735651166	Supriya Manna
6	SMT HANSHI DAS	6th	7029883232	Shanhashi Das
7	SUMAN SAHOO	6th	8167820336	Suman Sahoo
8	ARNAB KUMAR DAS	6th	8101168324	Arnab Kumar Das
9	Amr Kumar Bhunia	6th	7865085902	Amr Kr Bhunia
10	Anjana Jana	6th	7384492941	Anjana Jana
11	Anjana Sahoo	2nd Sem	8617797270	Anjana Sahoo
12	Manisha Girci	2nd sem	8145022650	Manisha Girci
13	Saareeta Malal	4th sem	738492591	Saareeta Malal
14	Indrajit Chotali	4th sem	8016060064	Indrajit Chotali
15	Parabati Bora	6th	7384547310	Magnasparan Bora
16	Dilip Maity	6th	8876018473	Dilip Maity
17	Sima patra	4th sem	9883502358	Sima patra
18	Said Asadique Nooran	2th sem	839800172	Said Asadique Nooran
19	Dipika Panda	6th sem	8389087370	Dipika Panda
20	Parabati Manna	1st	7810986085	Parabati Manna
21	Sahita Slist	6th	8308774536	Sahita Slist
22	Prabhati Jana	6th	0691557232	Prabhati Jana
23	Shambhu shek	4 st	033025842	Shambhu shek
24	Ananda maity	1st	8150004360	Ananda maity
25	Suman Bhunia	1st	9883341839	Suman Bhunia
26	Sandip Kumar Raul	1st	8942989952	Sandip Kumar Raul
27	Dipak Jana	1st	760227518	Dipak Jana Dipak Jana
28	Asit Girci	1st	9503118375	Asit Girci
29	Sumita Mondal	4th	8013508899	Sumita Mondal
30	Suparna Mantra	4th sem	8145768565	Suparna Mantra
31	Suman Mishra	4th sem	7427923625	Suman Kumar Mishra
32	Mousumi Roy	4th sem	8653192119	Mousumi Roy
33	Aparna Girdi	1st sem	9907328276	Aparna Girdi
34	Nishikanta Mandal	1st sem	9577081990	Nishikanta Mandal

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Event	E-mail NO	Aadhac no	Father's Name
Yoga	Sanku Mishra@	4730 0705	Shibabrato Mishra
	maityybarac@	368 19287	Bhaktipad Maity
	gajapati@	2637	Gopabandhu Ghosh
	Sangit@	38 439966	Jagan Mandal
	mishra@	2325	Manik Chandra Kapilay
	antony@	3629684553	Asis Maity
	Shoban@	844783433	Chandan Janna
	gini@	5429132937	Ratan Das
	suparna@	719537353	Rabindranath Roy
	Arumangam@	87582027	Hemanta Janna
	Subait@	50192332213	Manu Kumar Das
	Santanu@	328096378	Arumkumar Janna
	Sumithra@	240674242631	Jagan Kumar Patra
	anjanita@	7889252336	Jayjit Kumar Das
	anjanita@	838374092646	Nanda Kumar Das
	chyle@	85285076798	Jayanta Goswami
	durgada@	503257608401	Durgada Mishra
	prokash@	4760341867	Prokash Das
	Subir@	87852598262	Subir Barua
VCGA	Sanjay@	397229280159	SRIMANTA SANTR
	maity@	36019961033	Anup Maity
	dey@	68346537353	Pradip Dey
	sushanta@	496789761184	Nimai Sahoo
	sonali@	901357418789	Nishikanta Das
	Srikanta@	500670412665	Srikanta Barik
	553@	404804067711	Bholanath Maity

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Fig: Yoga Session during the workshop in Indoor Hall.

**DIPAK
KUMAR
TAMILI**

Digitally signed by DIPAK KUMAR TAMILI
DN: c=IN, postalCode=721429, st=WEST
BENGAL, street=Egra, EAST MIDNAPORE,
1=Egra, o=Egra Sarada Shashi
Bhusan College, ou=Principal &
DDO,
serialNumber=146520c32d95993132b00
22ca159eb9ed30ae4042abc16913d6b4e
ed49e8b77,
pseudonym=e3a91c86e5b7424fa9bc822
79346d753,
2.5.4.20=2b61510213613f91f9c5b8d5ebe
0316024452201964064b1cb8d117e88041
3c1, email=TAMILIK@GMAIL.COM,
cn=DIPAK KUMAR TAMILI
Date: 2024.02.17 18:29:39 +05'30'
Adobe Acrobat version: 2023.001.20064