

# EGRA SARADA SHASHI BHUSAN COLLEGE

ESTD. : 1968

(Reaccredited by NAAC with – ‘B’ Grade with a CGPA of 2.32)

An ISO Certified College for ISO 9001 : 2015 & ISO 14001 : 2015

Post – Egra : Dist – Purba Medinipur (West Bengal) : Pin – 721429.

President : Mr. Tarun Kumar Maity, M.L.A., W.B.

Principal : Dr. Dipak Kumar Tamili.

☎ : 03220-244073, Website - [www.egrassbcollege.ac.in](http://www.egrassbcollege.ac.in) : E-mail – [info@egrassbcollege.ac.in](mailto:info@egrassbcollege.ac.in)



## Time table for the Certificate Course named by JIVAN-SAMRIDDHI – A Technique of Luminous Life

Days	Date	Class Room	Topic	Time	Resource Persons
Day 1	19.04.2023		Inauguration	1-2 pm	Swami Kamaasthananda
Day 2			Necessity of the course	2-3 pm	Janesh Ranjan Bhattacharya
Day 3	26.04.2023		Mind and its activity	10-11 am	Pranab Pattanayak
Day 4			Concentration	2-3 pm	Janesh Ranjan Bhattacharya
Day 5	29.04.2023		Teaching of Vedanta for Humanity	12-2 pm	Prabrajika Tejomayee
Day 6	01.05.2023		Value of Time	1-2 pm	Aloy Chand Biswas
Day 7			You and the World	3-4 pm	Janesh Ranjan Bhattacharya
Day 8	05.05.2023		Our Surrounding Nature	9-10 am	Dipak Bisai
Day 9			Purity in Human Body	1-2 pm	Panchanan Panda
Day 10	10.05.2023		Health and Mind	1-2 pm	B. B. Nanda
Day 11			Social Behaviour	3-4 pm	Santipada Nanda
Day 12	13.05.2023		Service to Humanity	2-4 pm	R. K Mission, Kanthi
Day 13			Karama Yoga	2-4 pm	Janesh Ranjan Bhattacharya
Day 14	17.05.2023		Punctuality	1-2 pm	Principal, Egra S.S.B. College
Day 15			Good Citizenship	3-4 pm	Janesh Ranjan Bhattacharya
Day 16	23.05.2023		Society needs you	2-4 pm	P. Pattanayak
Day 17			Our Duty to Society		
Day 18	26.05.2023		Dhyana	1-2 pm	P. Panda
Day 19			Ethics-The Prime Ingredient for Life	2-3 pm	J. Bhattacharya
Day 20	06.06.2023		What is Yoga	3-4 pm	P. Panda
Day 21			Yogasana (Practical)	4-5 pm	Basanti Mandal
Day 22	14.06.2023		Asana	3-4 pm	Janesh Ranjan Bhattacharya
Day 23			Yogasana (Practical)	4-5 pm	Chandan Mishra
Day 24	22.06.2023		Pranayam	3-4 pm	
Day 25			Yogasana (Practical)	4-5 pm	Chandan Mishra
Day 26	29.06.2023		We Shall Overcome	10-11 am	Janesh Ranjan Bhattacharya
Day 27			Velidiction	1-2 pm	
Day 28					
Day 29					
Day 30					

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## List Of Participants:

Subject		St. No.	Roll No.	Name of the Student	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Total
Certificate Course on JIVAN ...		1.	B.A/6	Subhansu Mishra	L	L	L	L	L	L	L	L	L	L	L	L	L
A Technique of Luminous Life		2.	"	Sanchita Rath	L	L	L	L	L	L	L	L	L	L	L	L	36 hours
		3.	"	Sima Pradhan	L	L	L	L	L	L	L	L	L	L	L	L	32 "
		4.	"	Sima Das	L	L	L	L	L	L	L	L	L	L	L	L	32 "
		5.	"	Ankita Mitra	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		6.	B.A/4	Sanjayanta Barik	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		7.	"	Nirmalya Dash	L	L	L	L	L	L	L	L	L	L	L	L	35 "
		8.	"	Kamal Kr. Panda	L	L	L	L	L	L	L	L	L	L	L	L	32 "
		9.	"	Anand Panda	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		10.	"	Bandana Roy	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		11.	"	Rampa Das	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		12.	"	DebiKa Hazra	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		13.	"	Manish Sanyal	L	L	L	L	L	L	L	L	L	L	L	L	33 "
		14.	"	Shyamali Maity	L	L	L	L	L	L	L	L	L	L	L	L	31 "
		15.	"	Sumittra Das	L	L	L	L	L	L	L	L	L	L	L	L	35 "
		16.	"	Sophali Pradhan	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		17.	"	Shrabani Guiri	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		18.	"	Prixi Rani Mondal	L	L	L	L	L	L	L	L	L	L	L	L	33 "
		19.	B.A/2	Piyali Jana	L	L	L	L	L	L	L	L	L	L	L	L	31 "
		20.	"	Rubi Bose	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		21.	"	Shrabanti Roy	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		22.	"	Sudipa Das	L	L	L	L	L	L	L	L	L	L	L	L	32 "
		23.	"	Pallabi Hanna	L	L	L	L	L	L	L	L	L	L	L	L	32 "
		24.	"	Bijya Bora	L	L	L	L	L	L	L	L	L	L	L	L	34 "
		25.	"	Pooja Pradhan	L	L	L	L	L	L	L	L	L	L	L	L	35 "

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EGRA SARADA SHASHI		BHUSAN COLLEGE	
REGISTER OF ATTENDANCE		OF STUDENTS	
Subject Certificate Course on "JIVAN - SAMRIDHA" - Part		For the Month of ... From 19/04/2023 - 21/06/2023 Of 2023.	
Sl. No.	Roll No.	Name of the Student	Date and Signature
26.	BA-2	Rumpa Dalapati	A A A A A A A A A A A A A A
27.	"	Sangay Hala	A A A A A A A A A A A A A A
28.	"	Rangit Das	A A A A A A A A A A A A A A
29.	"	Gopal Bahari	A A A A A A A A A A A A A A
30.	BA-2	Soham Das	A A A A A A A A A A A A A A
31.	"	Subha Chakraborty	A A A A A A A A A A A A A A
32.	"	Somya Gouri	A A A A A A A A A A A A A A
33.	"	Suranya Panda	A A A A A A A A A A A A A A
34.	"	Pooja Paul	A A A A A A A A A A A A A A
35.	"	Suchismita Gouri	A A A A A A A A A A A A A A
36.	"	Sayanika Palit	A A A A A A A A A A A A A A
37.	"	Ashmita Pradhan	A A A A A A A A A A A A A A
38.	"	Shreya Das	A A A A A A A A A A A A A A
39.	"	Arushi Tamtoli	A A A A A A A A A A A A A A
40.	BA-2	Madhavi Jans	A A A A A A A A A A A A A A
41.	"	Pooja Sengupta	A A A A A A A A A A A A A A
42.	"	Manu Pradhan	A A A A A A A A A A A A A A
43.	"	Rumpa Chakraborty	A A A A A A A A A A A A A A
44.	"	Subhrita Jans	A A A A A A A A A A A A A A
45.	"	Nivedita Sengupta	A A A A A A A A A A A A A A
46.	"	Rupam Chakraborty	A A A A A A A A A A A A A A
47.	"	Shreya Das	A A A A A A A A A A A A A A
48.	"	Vishu Pradhan	A A A A A A A A A A A A A A
49.	"	Shreya Das	A A A A A A A A A A A A A A
50.	"	Arushi Tamtoli	A A A A A A A A A A A A A A

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## EGRA SARADA SHASHI REGISTER OF ATTENDANCE

Certificate Course on "JIVAN - SAMRIDDHE"

Part.....

Sl. No.	Roll No.	Name of the Student	Date and Signature												
51	B.H.121	Rallabhi Samanta	A	A	A	A	A	A	A	A	A	A	A	A	A
52	"	Syamoli Palomony	A	A	A	A	A	A	A	A	A	A	A	A	A
53	"	Prayagha Dhan	A	A	A	A	A	A	A	A	A	A	A	A	A
54	"	Manushi Anant	A	A	A	A	A	A	A	A	A	A	A	A	A
55	"	Rakindran Maity	A	A	A	A	A	A	A	A	A	A	A	A	A
56	"	Rakindran Maity	A	A	A	A	A	A	A	A	A	A	A	A	A
57	"	Smriti Kumari	A	A	A	A	A	A	A	A	A	A	A	A	A
58	"	Susmita Manna	A	A	A	A	A	A	A	A	A	A	A	A	A
59	"	Surbani Debi	A	A	A	A	A	A	A	A	A	A	A	A	A
60	"	Madhumita Das	A	A	A	A	A	A	A	A	A	A	A	A	A
61	"	Mousumi Kar	A	A	A	A	A	A	A	A	A	A	A	A	A
62	"	Tanaiti Samanta	A	A	A	A	A	A	A	A	A	A	A	A	A
63	"	Rashmi Singh	A	A	A	A	A	A	A	A	A	A	A	A	A
64	"	Mallika Jana	A	A	A	A	A	A	A	A	A	A	A	A	A
65	"	Rakindran Maity	A	A	A	A	A	A	A	A	A	A	A	A	A
66	"	Ramesh Chandra	A	A	A	A	A	A	A	A	A	A	A	A	A
67	"	Anup Maity	A	A	A	A	A	A	A	A	A	A	A	A	A
68	"	Sanjib Koley	A	A	A	A	A	A	A	A	A	A	A	A	A
69	"	Jyoti Chandra	A	A	A	A	A	A	A	A	A	A	A	A	A
70	"	Rupam Ghosh	A	A	A	A	A	A	A	A	A	A	A	A	A
71	"	Arindam Jana	A	A	A	A	A	A	A	A	A	A	A	A	A
72	"	Rishabh Ghosh	A	A	A	A	A	A	A	A	A	A	A	A	A
73	"	Rabani Ghosh	A	A	A	A	A	A	A	A	A	A	A	A	A
74	"	Chiranjay Das	A	A	A	A	A	A	A	A	A	A	A	A	A
75	"	Subhrajit Ghosh	A	A	A	A	A	A	A	A	A	A	A	A	A

## BHUSAN COLLEGE OF STUDENTS

For the Month of From 19/04/2023 - 29/04/2023

Of 2023

		Date and Signature												
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A
A	A	A	A	A	A	A	A	A	A	A	A	A	A	A



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Fig 1: Inaugural Ceremony Of The programme



Fig 2: Certificate Distribution ceremony on 28.06.2023.