

## **Institutional Distinctiveness – 2015-2016**

### **BRATACHARY CAMPAIGN :**

On 01.03.2015 Egra S.S.B College arranged a programme by NSS units for all the students and faculties. Bratachari purports to present a complete synthesis of life, an integrated system of culture consisting of a complete philosophy of life, coupled with and expressed through a simple scheme of practical training and discipline for building up the inner life and character as well as the body, or in other words for the simultaneous and harmonious cultivation of the body and soul of man. Therefore, the ultimate goal of Bratachari is the attainment of the ideal of the complete man by attaining perfection in self-development in all spheres of life-physical, mental, moral and social, or in other words the attainment of the ideal of a perfect citizen of the world. At the same time it is an essential principle of the Bratachari teaching that before one can be a complete citizen of the world, one must be a complete citizen of a particular regional unit.

In every society there is a collection of inherited cultures that is passed on to the younger generation, so that it keeps circulating through generations. The little folk dances, social games and Bratachari dance are an integral part of this cultural heritage. Most people may look at these games as just a way of playing and entertainment and having something to do in their free time, but the truth is that these games have meanings, educational values and good educational goals. It also plays a role in developing the psycho-physiological areas of life. The Deptt. of Physical Education of our college has organized a 15 days Bratachary Training Camp (from 01.03.2015 - 15.03.2015) as part of the syllabus keeping in mind this noble idea of preserving the heritage of our inherited culture. The training camp was honoured by the presence of Mr. Asit Kr. Das, the Hon'ble Secretary of the Bratachary Karma Samiti. The outcomes of the camp are positive as it has inculcated among the young minds of the students the worth of moral values and integrity along with the need of physical strength. It has also enlivened among the young trainees selfless desire to engage themselves in different social services.